

Garden Listening Journal

Listen closely. Look carefully.
Notice what the garden is saying.

Companion Journal for *The Night the Garden Went Quiet*

Maya learned that gardens tell us what they need
when we slow down and pay attention.
Use this journal to listen, look, and record
what you discover in your own garden,
yard, porch, park, or outdoor space.

This journal belongs to: _____

My favorite place to listen: _____

How to use this journal

1. Sit quietly.
2. Listen for sounds.
3. Look for blooms and visitors.
4. Draw or write what you notice.

Daytime Garden Listening Page

Sit quietly. Listen carefully. Write or draw what you notice during the day.

My Name: _____

Date: _____

Where am I listening? _____

Time: Day 

Today's weather: _____

☐ Sunny



☐ Cloudy



☐ Windy



☐ Rainy



☐ Cool



☐ Warm



What did you hear? _____

What did you see? _____

Flowers blooming _____

Draw what you noticed _____

Visitors observed _____

My favorite daytime sound was: _____

Night Garden Listening Page

Notice the garden after sunset. Listen for quiet sounds and look for moonlit blooms and nighttime visitors.

My Name: _____ Date: _____

Where am I listening? _____ Time: Night 

Weather today: ☐ Clear  ☐ Cloudy  ☐ Breezy  ☐ Humid  ☐ Cool  ☐ Warm 

 What did you hear? 

.....
.....
.....
.....

 What did you see? 

.....
.....
.....
.....

 Flowers blooming 

.....
.....
.....

 Visitors observed 

.....
.....
.....

 Draw your nighttime discovery  

.....
.....
.....
.....
.....
.....
.....
.....
.....
.....

The quietest thing I noticed was: _____ 

My Garden Discoveries

Use this page any time you want to record a special garden moment.

My Name: _____ Date: _____

Where: _____ Day or Night: Day ☐ Night ☐

 Weather

 What did you hear?

 What did you see?

 Flowers blooming

 Visitors observed

 Something I wonder

 Draw your garden moment 

Today the garden told me: _____
